

Protect Your Children and Yourself

- Only use glass baby bottles and dishes
- Don't give plastic toys to babies
- Store your food and drinks in glass containers
- Do not use plastic containers in the microwave
- Avoid plastic wraps (never in the microwave)
- Don't use old scratched plastic dishes
- Don't use harsh detergents on plastic dishes
- Don't put plastic dishes in the dishwasher
- Avoid bottled water – filter your own